



Dr Hiltrud Strasser of Germany, is a veterinarian who, for over 20 years has been studying and researching the causes and cures of lameness and other common problems of domestic horses.

*Dr Strasser says: "Most of the common health problems and lameness afflicting domestic horses are a **direct result of man-made violations** of their natural lifestyle, and can be **prevented and cured through a removal of the cause and a return to a natural lifestyle.**"*

As has been proven countless times, a return to a natural lifestyle and proper, physiologically correct trimming can bring about healing of virtually every hoof problem and lameness, even the conventionally considered "incurable" ones.

Horse Owners who keep their animals according to the horse's biological needs do not complain about insufficient horn quality and are able to use their barefoot horses intelligently in all sports and disciplines.

In other words, if a horse is not able to fully function barefoot, this is an indication that the living conditions of the horse are incorrect and harmful, that the horse is not healthy, or the demands made on the horse are excessive."

In Dr Strasser's holistic hoof clinic in Europe, equine patients are routinely healed and restored to a fully active life after been given up as hopeless and incurable by conventional veterinary medicine. World-wide, people applying a barefoot trim are able to ride their horses without shoes, over all terrain, competing, pleasure riding, distance riding etc.

The Strasser Method™ advocates a return to natural living conditions of the horse with

physiologically correct hoof form. This is achieved by creating living conditions for the domestic horse that replicates as closely as possible the key elements of the horses natural 'wild' environment where health problems are not evident and the horse lives to its natural lifespan.

Through this, all of the horses biological requirements can be met without the difficulty of needing many acres of land. Known as 'natural boarding', the key elements are:

- room to move about all day with other horses for company,
- exposure to the elements with resting spaces in the open,
- wide nutritional variety that is fed at ground level so that the horses' posture is predominately head down when grazing/feeding,
- exposure of hooves to water,
- no shoes, grease or oil on hooves, and
- no clothing (covers/blankets) or other protective wear.

Physiologically correct hoof form, via barefoot trimming, supports the horse, removes the causes of lameness and promotes healing that restores the horse to full functioning. If the hoof is not sound i.e. it was deformed by shoeing or improper trimming, then the hoof must be corrected and maintained via sufficient movement and regular trimming.



Further Information:

Web: www.strasserhoofcare.co.nz

e-mail: info@strasserhoofcare.co.nz